

# Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 11 (Aug 8 — Aug 12)

# IMPORTANT REMINDERS:

- Our camp rules are "Be safe. Be respectful. Be responsible."
- Pack a sack lunch for your child.
   Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper's name.
- Do not hesitate to ask when you have questions or comments.



# **BACK TO SCHOOL WEEK!**

This week our focus will be on giving our campers a chance to reflect on this summer by choosing the games they liked most. On Monday of this week campers will get to nominate and vote on their favorite games from this summer. We will take the top three games that get selected and play those games at various times during the week.

## THIS WEEK'S HIGHLIGHTS

#### **Monday**

Health Rocks and Archery Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be participating in our Health Rocks program and doing archery.

#### **Tuesday**

Tennis and Swimming Day!

In the morning campers will start out with Tennis and Wall Ball. Afterwards they will go swimming at Irvingdale Pool from 11:30-1:00. In the afternoon campers will play their first camper choice game and other active games in the gym.

#### Wednesday

Junk Box War and Disc Golf Day!

In the morning campers will be participating in a Junk Box Wars Challenge. In the afternoon we will do disc golf and play Deal or No Deal.

#### **Thursday**

Swimming and Craft Challenge Day!

In the morning campers will start out by doing an inactive game and then they will do our craft challenge of the week.

Afterwards campers will go swimming at Irvingdale Pool from 11:30-1:00. In the afternoon campers will play active and inactive games.

#### **Friday**

Pioneers Park Field Trip!

In the morning campers will play our camper choice game of the week.

Afterwards campers will go to Pioneers Park for our field trip. We will leave the center at 10:00 am and return at 11:45 am. In the afternoon campers will watch our movie of the week and participate in our challenge course.

Fitness Focus: Flexibility

### **SUMMER 2012**

We will use our summer 2011 e-mail list to communicate Summer Day Camp 2012 announcements, including registration details at the beginning of the year. Registration is scheduled to begin in January!